




2020 Golden Years Café

Located at Northern Exposure Restaurant
4384 Deerskin Rd, Phelps, WI
Meals Sponsored by the ADRC of Vilas County

Monday	Tuesday	Wednesday	Friday
1 Veal Parmigiana Patties with Tomato Sauce over Pasta Corn Whole Wheat Roll Fruit	2 Open-face Turkey Sandwich on Whole Wheat Bread Mashed Potatoes w/Gravy Green Beans Fruit	3 Lasagna Dark Mix Green Salad w/Tomato Garlic Bread Ice Cream & Fruit	5 Crunchy Fish Sticks Baked Potato Rounds Baked Beans Whole Wheat Bread Fruit
8 Pork Loin Roast Baked Potato w/Sour Cream Baked Beans Whole Wheat Roll Fruit	9 Baked Ham Parsley Potatoes Carrots Whole Wheat Bread Fruit	10 Sausage & Pepperoni Pizza Mixed Dark Green Salad w/Tomato Fruit	12 Liver and Onions American Fries Texas Caviar Whole Wheat Roll Pudding & Fruit
15 Breaded Chicken Parmigiana with Tomato Sauce over Pasta Corn Whole Wheat Roll Fruit	16 Whole Wheat French Toast Sausage Links American Fries Salsa Fruit Cranberry Juice	17 Chicken Cordon Bleu over Rice with Gravy Mixed Vegetables Whole Wheat Roll Fruit	19 Broiled Fish Baked French Fries Baked Beans Whole Wheat Bread Fruit
22 BBQ Baked Chicken Baked Potato w/Sour Cream Baked Beans Whole Wheat Bread Fruit & Pudding	23 Cheddar Cheese Bacon Pork Patty on Whole Wheat Bun Pasta Salad Mixed Dark Green Salad w/Tomato Fruit	24 Beef and Bean Burrito w/Lettuce, Tomato, Cheese, Salsa & Sour Cream Jell-O w/Fruit	26 Surf & Turf Mashed Potatoes w/Gravy Carrots Whole Wheat Bread Fruit
29 Country Fried Steak Mashed Potatoes w/Gravy Mixed Vegetables Whole Wheat Bread Fruit	30 Spaghetti w/ Meat sauce Mixed Dark Green Salad w/Tomato Garlic Bread Fruit		Happy Father's Day 

***Lighter Substitute available in place of Main Entrée: Healthy Salad**

*All meals served with Fat-free Milk, Whole Grain Rolls/Bread with Margarine.

Meals served Monday, Tuesday, Wednesday & Friday at noon.

Reservations or Cancellations MUST be made 24 hours in advance.

Call **Judi Heikkinen at (715) 545-3697** to reserve or cancel a meal.